



# Annual Impact Review 2024-2025

# Stronger Together - The Need

In 2022, England and Wales experienced a 17% increase in the number of abortions, with 251,377 procedures carried out. Although official statistics have been delayed due to the pandemic, MSI—one of the UK's largest abortion providers—reports that this upward trend has continued, with a 27% rise in 2023 and a further 22% increase in the first quarter of 2024.

Since the introduction of telemedicine during the pandemic, the majority of abortions now take place at home. Pills are sent through the post following a phone consultation, with no in-person appointment or ultrasound to confirm gestational age or to identify potential signs of coercion. It is clear to see the role of independent pregnancy centres has become more vital than ever.

One in three women will have an abortion by the age of 45 and we passionately believe every one of these women—and their partners—deserves access to professional, compassionate, and non-judgemental support, both during the decision-making process and afterwards.

**That belief is what drives us to stand with and support local centres as they respond to the growing needs of their communities.**





# Stronger Together - Our Training

Training remains a core part of the support we offer to centres and this year, PCN continued delivering its externally recognised, Level 3 accredited training courses, as well as ongoing Continued Professional Development sessions. These programmes equip centre staff and volunteers to provide informed, compassionate care to those facing a pregnancy crisis or struggling after an abortion.

This year, we completed and **piloted a new baby loss training module**, expanding our capacity to support individuals grieving miscarriage or stillbirth. We also **launched a refresher course for experienced practitioners**, helping long-serving centre teams to enhance and update their skills. In total, we trained 28 practitioners with our training courses.

Looking forward, we're taking steps to make our training more widely accessible. **Development is now underway on a new online learning platform**, which will allow greater flexibility in course delivery while retaining personalised trainer support. This shift will enable more individuals to begin, or deepen, their involvement with local pregnancy centres across the UK

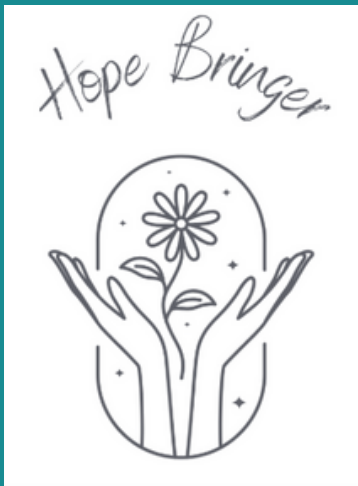


*"The course leaders were so helpful and really work to grow and develop practitioners out of genuine love and care for the work"*

**[Course Learner]**

# Stronger Together - Fundraising and Supporter Engagement

We have continued to develop our fundraising over the last year, responding to the challenges continuing to face small charities. We are continually aiming to strengthen our financial stability to ensure that we are here for years to come.



We are always amazed at the generosity of those who support us and are thankful that last year our regular giving increased by almost £600/m. These regular donations cover about one third of our staffing costs, and means we are **increasingly able to plan and dream for the future of our work** and the impact we want to see.

This year we were also encouraged by some of our wonderful team who took on sponsored challenges to help us raise £1855 through a winter walk and a parachute jump!

**This is another step forward in our aim to widen the ways in which people fundraise for PCN.**



Lastly, we were able to support the centres in our network by providing a CPD training session on managing and using data. This session provided examples of how centres can use data to enhance their fundraising opportunities.

# Stronger Together - Building the Community

This year, we have worked hard to bring the centres into greater community with one another. We have implemented an 'alignment document' to bring clarity to our shared principles. This gave us a much clearer picture of the centres around the UK and we are excited for the **39 centres and satellites** who want to be united in their approach to this work.

We also held our annual conference, but this year made some changes. With the recent increases in cost-of-living, we knew that attending a weekend residential can be a struggle for centres who are small charities with limited resources. Therefore, we trialled holding 'north' and 'south' day conferences, with the intention of alternating between day and weekend conferences in future years.

We were thrilled that this had the desired impact and enabled even more centre staff and volunteers to attend and be inspired by coming together to receive training and encouragement. **We had over 140 people attend over the course of the two days.**



We continue to develop relationships between centres by hosting Centre Leader and Centre Trustee Forums and are in continuing conversations with **5 groups of people** interested in starting a centre in their local area. It has also been wonderful to have hired a new Centre Engagement Lead who is already making great steps in supporting centres in a more pro-active way.

# Stronger Together - Centre Impact

Our new data-gathering process gained information from 30 centres who are part of the network. Here is a snapshot of their amazing work during 2024:

**1159**

New clients  
seen

**7608**

Sessions spent  
supporting  
clients

**320**

clients facing a  
pregnancy crisis  
supported

**462**

clients supported  
following  
miscarriage

**6793**

School pupils  
educated

**330**

post-abortion  
clients  
supported

**176**

Prisoners  
supported

**147**

clients supported following  
stillbirth, child  
bereavement or post-  
adoption

**“I came away feeling emotions that I had obviously kept to the back of my mind. It opened my eyes to how I was feeling, and I felt listened to. I felt really safe there which I hadn't felt for the last few weeks.”**

**[Centre Client]**



# Stronger Together - Church Engagement

At PCN, we recognise how vital the support of local churches is to the work we do – whether that's by encouraging centres, becoming volunteers and practitioners, offering essential prayer support or donating vital funds. Yet we're also aware that many churches are still unfamiliar or unaware of pregnancy centres or the ways centres can help churches engage with the issues of pregnancy crisis and loss.

This year, we've focused on creating resources designed to equip church leaders and pastoral teams with the confidence and understanding they need to respond with compassion.

These resources include a church talk or prayer meeting template - deliverable by a PCN team member or a centre. In addition, we are developing a training day that offers deeper insight and practical tools to help churches ensure they are safe, supportive spaces for people to open up about these issues.

*“Discussion about abortion and issues related to a crisis pregnancy are very emotive issues in both secular and church settings. As a church leader it can feel easier just to avoid this topic as we can often fear dealing with the aftermath, so to speak.*

*I am so thankful I was put in touch with Alice from PCN. The talk she delivered was scripture lead, factual and most of all had the right balance of both grace and truth. The ‘aftermath’ was all fruitful from both those who were directly affected by these issues, those who hadn’t been aware or those who were misinformed.*

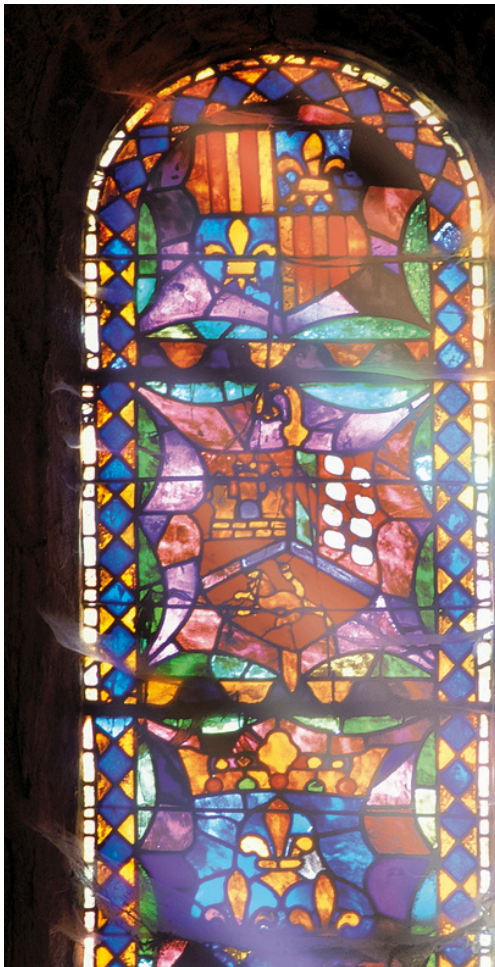
*I look forward to working with PCN again in the future.*

**[Church Leader]**

# Stronger Together - Church Engagement

Alongside this, we've been actively building relationships with other organisations and charities working in this field — joining forces to bring about meaningful change.

Through these efforts, we hope to raise awareness of pregnancy crisis and loss within church communities, providing space for those affected to seek support and equipping church leaders to respond well. Ultimately, we hope this will also grow support for PCN and the vital work of centres across our network.



“Abortion and pregnancy crisis are areas we will all have probably definite and passionate views on. However, it’s not our place to judge.

It is our place to be the hands and the feet of Jesus and we need to be a place where people can come, feel safe, feel secure, and feel free to talk about everything that is going on in their hearts so that we can then support them and love them in the way that they need.”

**[Church Leader]**



# Stronger Together - Looking to the Future

We believe no one should face a pregnancy crisis or loss alone—regardless of how that loss occurred. As we look to the future, we remain committed to strengthening and supporting our network of centres to ensure this becomes a reality across the UK.

We are excited about what the future holds as we begin to increasingly engage with churches and the general public: we want to see more and more people growing in their heart to get involved with and support the work. If this is something you're interested in, please get in touch to find out how you might volunteer or fundraise for us!

At the same time, we're developing new strategies to raise national awareness of the need for centres and the support they offer. This includes exploring fresh ways to advocate for centres and considering research projects that could further strengthen and inform their work.

This year is especially significant as we celebrate our 10th anniversary. We're so grateful for everyone who has supported, contributed, and cheered us on—and we look forward with anticipation to what the next 10 years will bring!



# thank you

## **To our faithful prayer partners**

Your prayers are the foundation of everything we do. We are deeply grateful for your ongoing spiritual support.

## **To those who encourage**

Your words, presence, and belief in our mission have carried us through a year full of both challenges and growth. Thank you for walking alongside us.

## **To our volunteers**

Thank you for giving your time, skills, and energy so generously—whether through practical help, professional expertise, or fundraising efforts. Your contribution is invaluable.

## **To our donors**

Whether you give regularly or through one-off gifts—as individuals, churches, or centres—your generosity sustains the work and makes a lasting impact. Thank you.

## **To our corporate partners and trusts**

Your support enables us to grow and plan for the future with confidence. Thank you for investing in our mission.

**We are deeply thankful to God for your continued support and partnership.**



[www.pregnancycentresnetwork.org.uk](http://www.pregnancycentresnetwork.org.uk)





